

AOR Coaching Services



Elite Paralympic Throws Coaching Developmental Throws Coaching Correspondence Coaching Private throws coaching

Please click <u>here</u> to contact me to discuss requirements and costs





Coaching Experience and Qualifications

Lead Coach to multiple athletics medallists (Paralympic Games and IPC World Champs)

Lead Coach to multiple Paralympic athletics world record holders

British Athletics Level 3 Throws Coach Athletics Australia Level 5 Throws Coach Australian Institute of Sport -High Performance Throws Coach, 2008-2011

Athletics Australia Head Throws Coach - Paralympic, 2004-2008

Athletics Australia/Australian Institute of Sport Scholarship Coach, 2003-2004

